Name of Division: Kinesiology
Contact Person: Vickie Dugan
Submission Date: 2019-2020

#### **Porterville College Mission Statement:**

With students as our focus, Porterville College provides our local and diverse communities quality education that promotes intellectual curiosity, personal growth, and lifelong learning, while preparing students for career and academic success.

In support of our values and philosophy, Porterville College will:

- 1. Provide quality academic programs to all students who are capable of benefiting from community college instruction.
- 2. Provide comprehensive support services to help students achieve their personal, career and academic potential.
- 3. Prepare students for transfer and success at four-year institutions.
- 4. Provide courses and training to prepare students for employment or to enhance skills within their current careers.
- 5. Provide developmental education to students who need to enhance their knowledge and understanding of basic skills.
- 6. Recognize student achievement through awarding degrees, certificates, grants, and scholarships.

#### **Program Mission Statement:**

The mission of the Kinesiology Division is to promote the goal of health and total well-being to its students through the dissemination of knowledge primarily related to physical fitness and encouragement of individuals for lifetime activities and wellness. Kinesiology is an academic discipline, and an essential portion of the General Education process.

Further, the Kinesiology curriculum is centered on the concept of movement skills, intellectual development, physical fitness, and healthful living practices. The curriculum develops and nurtures both the mental and physical aspects and complements all learning experiences of the college.

#### **Student Learning Outcomes:**

KIN	103	KINP103	Beginning Weight Training	1	Identify, discuss and apply an individual weight training and conditioning program.	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	103	KINP103	Beginning Weight Training	2	Recognize the muscle groups specific to each weight training exercise.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	103	KINP103	Beginning Weight Training	3	Demonstrate proper lifting techniques.	Kinesiology	Implement	Spring 2014	Spring 2022

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KIN	103	KINP103	Beginning Weight Training	4	Discuss the importance of safety while weight training.	Kinesiology	Analyze	Spring 2015	Spring 2019
KIN	105	KINP105	Advanced Weight Training	1	Demonstrate and perform higher level lifts (Olympic weightlifting) and integrate them into a training program.  Recognize the structure,	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	105	KINP105	Advanced Weight Training	2	physiological, and performance effects of	Kinesiology	Implement	Spring 2013	Spring 2022
KIN	105	KINP105	Advanced Weight Training	3	Identify, discuss and apply an individual weight training and conditioning program.	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	105	KINP105	Advanced Weight Training	4		Kinesiology	Analyze	Spring 2015	Spring 2019
KIN	106A	KINP106A		1	Define the various major muscle groups and their locations.	Kinesiology	Implement	Fall 2019	Fall 2023
KIN	106A	KINP106A	Shape Up - Aerobic Exercise	2	Demonstrate how to calculate his/her target heart rate.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	106A	KINP106A	Shape Up - Aerobic Exercise	3	Explain the primary elements of strength training and their importance to total fitness	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	106R	KINP106B	Shape Up - Aerobic and Anaerobic Exercise	1	Demonstrate "overload" principles during strength training incorporating proper progression.	Kinesiology	Collect	Spring 2016	Spring 2020
			Shape Up - Aerobic and Anaerobic		Differentiate methodology in developing muscular strength/power versus muscular size (Hypertrophy), and			Spring	Spring
KIN	106B	KINP106B	Exercise	2	muscular endurance.	Kinesiology	Implement	2013	2021

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KIN	106B	KINP106B	Shape Up - Aerobic and Anaerobic Exercise	3	Demonstrate measurable progress in individualized resistance exercise program as determined by increase in weight, repetitions, and duration of exercise or aptitude of skill acquisition.	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	106B	KINP106B	Shape Up - Aerobic and Anaerobic Exercise	4	Demonstrate proper stretching techniques to specific muscle groups.	Kinesiology	Implement	Fall 2019	Fall 2023
KIN	109	KINP109	Off Season Intercollegiate Basketball Women	1	Recognize and apply the required rules and regulations consonant with collegiate competition.	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	109	KINP109	Off Season Intercollegiate Basketball Women	2	Analyze their individual basketball and strategy skill/weakness and, through active participation in the class, have those deficiencies remediated consonant with advanced level of play.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	109	KINP109	Off Season Intercollegiate Basketball Women		Improve over-all cardio- vascular fitness to the level required to compete in advanced level competition.		Implement	Spring	Spring 2022
KIN	109	KINP109	Off Season Intercollegiate Basketball Women	4	Recognize and apply game strategies appropriate to competitive game situations and be able to apply these strategies while participating in active play.	Kinesiology	Implement	Fall 2019	Fall 2023
KIN	114	KINP114	Off Season Intercollegiate	1	Demonstrate and/or apply the rules and regulations of volleyball	Kinesiology	Collect	Spring 2016	Spring 2020

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			V II I II						
			Volleyball -		consistent with				
			Women		collegiate level				
					competition.				
					Analyze his/her				
					individual volleyball				
					strategy skills				
			Off Season		weaknesses through				
			Intercollegiate		active participation				
			Volleyball -		remediate those			Spring	Spring
KII	l 114	KINP114	Women	2	deficiencies	Kinesiology	Implement	2013	2021
					Demonstrate				
					appropriate				
					cardiovascular fitness				
			Off Season		consistent with that				
			Intercollegiate		necessary to compete in				
			Volleyball -		an advanced level of			Spring	Spring
KII	l 114	KINP114	Women	3	competition.	Kinesiology	Implement	2014	2022
			Off Season		Demonstrate skills and				
			Intercollegiate		techniques appropriate				
			Volleyball -		to competition in game			Spring	Spring
KII	l 114	KINP114	Women	4	situations.	Kinesiology	Analyze	2015	2019
			Off Season		Identify the required				
			Intercollegiate		rules and regulations				
			Softball -		consistent with			Spring	Spring
KII	1115	KINP115	Women	1	collegiate competition.	Kinesiology	Collect	2016	2020
					Identify individual				
					softball skills through				
					active participation in				
			Off Season		class. Remediate				
			Intercollegiate		deficiencies consistent				
			Softball -		with advanced level of			Spring	Spring
KII	l 115	KINP115	Women	2	play	Kinesiology	Implement	2013	2021
					Demonstrate an				
					appropriate				
					cardiovascular fitness				
			Off Season		consistent with that				
			Intercollegiate		necessary to compete in				
			Softball -		an advanced level of			Spring	Spring
KII	l 115	KINP115	Women	3	competition.	Kinesiology	Implement	2014	2022
			Off Season		Identify game strategies				
			Intercollegiate		appropriate to				
		I/IAID 4 4 5	Softball -		competitive game			Fall	Spring
KII	l 115	KINP115	Women	4	situations; and be able to	Kinesiology	Implement	2019	2023

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					apply those strategies				
					while participating in				
					active play.				
					Discuss the required				
			Off Season		rules and regulations				
			Intercollegiate		consistent with			Spring	Spring
KIN	116	KINP116	Baseball - Men	1	collegiate competition.	Kinesiology	Implement	2013	2021
					Analyze his/her				
					individual baseball and				
					strategy				
					skill/weaknesses, and				
					through active				
					participation in the class,				
			Off Caraca		have those deficiencies				
			Off Season		remediated consistent			C:	C
KINI	116	VINID116	Intercollegiate Baseball - Men	2	with advanced level of	Vinacialagu.	Implomont	Spring	Spring 2022
KIN	116	KINP116	Daseball - Mell		play.	Kinesiology	пприетиети	2014	2022
					Employ fitness strategies to improve cardio-				
					vascular fitness to the				
			Off Season		level required to				
			Intercollegiate		compete in advanced			Spring	Spring
KIN	116	KINP116	Baseball - Men	3	level competition.	Kinesiology	Implement		2019
14114			Basesan men		Recognize game	runesiology	mplement	2015	
					strategies appropriate to				
					competitive game				
					situations and be able to				
			Off Season		apply these strategies				
			Intercollegiate		while participating in			Spring	Spring
KIN	116	KINP116	Baseball - Men	4	active play.	Kinesiology	Collect	2016	2020
			Off Season		Discuss the required				
			Intercollegiate		rules and regulations				
			Basketball		consonant with			Spring	Spring
KIN	117	KINP117	Men	1	collegiate competition.	Kinesiology	Implement	2013	2021
					Analyze their individual				
					basketball and strategy				
					skill/weaknesses, and				
					through active				
					participation in the class,				
			Off Season		have those deficiencies				
			Intercollegiate		remediated consonant				
1,,,,	44-	IZINIDA 1 =	Basketball		with advanced level of	12:		Spring	Spring
KIN	117	KINP117	Men	2	play.	Kinesiology	Implement	2014	2022

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KIN	117	KINP117	Off Season Intercollegiate Basketball Men	3	Employ fitness strategies to improve cardiovascular fitness to the level required to compete in advanced competition.  Recognize game strategies appropriate to competitive game	Kinesiology	Implement	Spring 2015	Spring 2019
KIN	117	KINP117	Off Season Intercollegiate Basketball Men	4	situations and be able to apply these strategies while participating in active play.	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	122	KINP122	Varsity Basketball for Men	1	Discuss rules and skills of basketball.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	122	KINP122	Varsity Basketball for Men	2	Evaluate the individual's social and personality standards in group living.	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	122	KINP122	Varsity Basketball for Men	3	Execute individual fundamental skills of basketball.	Kinesiology	Implement	Spring 2015	Spring 2019
KIN	122	KINP122	Varsity Basketball for Men	4	Apply techniques that will enable the student to participate with greater accuracy both as a participant and as a spectator.	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	123	KINP123	Varsity Basketball for Women	1	Implement the rules of basketball.	Kinesiology		Spring	Spring 2021
KIN	123	KINP123	Varsity Basketball for Women	2	Identify elements of basketball that will provide for a worthy use of leisure time.	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	123	KINP123	Varsity Basketball for Women	3	Develop individual and team fundamental skills and knowledge of basketball.	Kinesiology	Implement	Spring 2019	Spring 2023
KIN	123	KINP123	Varsity Basketball for Women	4	Develop individual skills necessary for success at the collegiate level.	Kinesiology	Collect	Spring 2016	Spring 2020

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KIN	126	KINP126	Varsity Baseball	1	Demonstrate the rules and strategies of baseball.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	126	KINP126	Varsity Baseball	2	Demonstrate individual fundamental skills of baseball.	Kinesiology	Implement	Spring 2014	Spring 2022
KIN	126	KINP126	Varsity Baseball		Apply techniques that will enable the student to participate with greater accuracy both as a participant and as a	Kinesiology		Spring 2015	Spring 2019
KIN	126	KINP126	Varsity Baseball	4	Demonstrate rules of conduct and safety on the field.	Kinesiology	Collect	Spring 2016	Spring 2020
KIN	130	KINP130	Varsity Volleyball for Women	1	Explain and demonstrate the fundamentals of volleyball (Passing, setting, serving and hitting)	Kinesiology	Analyze	Fall 2015	Fall 2019
KIN	130	KINP130	Varsity Volleyball for Women	2	Explain and demonstrate the rules of volleyball	Kinesiology	Implement	Fall 2016	Fall 2020
KIN	130	KINP130	Varsity Volleyball for Women	3	Demonstrate proper offensive and defensive strategies	Kinesiology	Implement	Fall 2014	Fall 2022
KIN	130	KINP130	Varsity Volleyball for Women	4	Participate in Conference competition while using proper court etiquette.	Kinesiology	Implement	Fall 2013	Fall 2021
KIN	132	KINP132	Varsity Softball for Women	1	Develop individual softball skills necessary for success at the collegiate level	Kinesiology	Analyze	Spring 2016	Spring 2020
KIN	132	KINP132	Varsity Softball for Women	2	Identify proper etiquette, rules of the game, safety factors, and scoring procedures for the activity of Softball.	Kinesiology	Implement	Spring 2013	Spring 2021
KIN	132	KINP132	Varsity Softball for Women	3	Demonstrate knowledge of fitness benefits through participation in the activity of softball.	Kinesiology	Implement	Spring 2014	Spring 2022

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					$\overline{}$	Apply techniques that				
						will enable the student				
						to participate with				
						greater accuracy both as				
			Varsity Softba	all		a participant and as a	<b>'</b>		Spring	Sprir
KIN	132		for Women	٠		spectator	Kinesiolog	y Implemer		2023
						Recognize and explain		)		
						five strength and				
			Intercollegiat	:e		conditioning				
			Team			requirements specific to	,		Spring	Sprir
KIN	143	KINP143	Conditioning		1	sport and position.	Kinesiolog	y Collect	2016	2020
						Explain the primary				
						elements of strength				
			Intercollegiat	:e		training and their				
			Team			importance to total			Spring	.     •
KIN	143		Conditioning		2	fitness.		gy Implemer	nt 2013	2021
			Intercollegiat	:e		Define the various major				
			Team			muscle groups and their			Spring	.     .
KIN	143	KINP143	Conditioning		3	locations.	Kinesiolog	gy Implemer	nt 2014	2022
						Demonstrate goal-				
						setting techniques and				
			Intercollegiat	e		the process of				<sub>C</sub>
ZINI	1 1 2		Team Conditioning		1	progressive relaxation	Vinasiolos	- · ^ · · · · · · · · · · · ·	Spring	Sprir 2019
KIN	143	KINP143	Conditioning		4	and visualization.	KIIIESIOIOE	gy Analyze	2015	2013
		Т	T		D.0		1			
			Health			monstrate knowledge finding the right balance			Caring	Carin
חו בנ	112	HLEDP112				•	kinosiology	Imploment	Spring	Spring 2020
HLEL	) 117	HIEDLITZ	Euucation						ZUTO	2020
							kinesiology	пприетиети		
					Exp	plain the concepts of a	Killesiology	пприеттетт		Sprin
	112	HI FND112	Health		Exp	plain the concepts of a althy and caring		·	Spring	Spring
	112	HLEDP112	Health Education	2	Exp hea rela	plain the concepts of a althy and caring ationship.	Kinesiology	·	Spring 2016	2020
HLEC			Health Education Health	2	Exp hea rela Ana	plain the concepts of a althy and caring ationship. alyze risk factors from	Kinesiology	Implement	Spring 2016 Spring	2020 Fall
HLEC		HLEDP112	Health Education Health Education	2	Exp hea rela Ana har	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits.		Implement	Spring 2016 Spring 2013	2020 Fall 2019
HLEC	112	HLEDP112	Health Education Health Education Health	2	Exp hea rela Ana har Det	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits. termine different ways	Kinesiology Kinesiology	Implement Collect	Spring 2016 Spring 2013 Spring	Fall Fall Fall
HLEC	112		Health Education Health Education Health	2 3 4	Exp hea rela Ana har Det to I	plain the concepts of a althy and caring ationship. alyze risk factors from mful habits. termine different ways build a healthy lifestyle.	Kinesiology	Implement Collect	Spring 2016 Spring 2013	2020 Fall 2019
HLEC	112	HLEDP112	Health Education Health Education Health Education	2 3 4	Exp hea rela Ana har Det to I	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits. termine different ways build a healthy lifestyle.	Kinesiology Kinesiology	Implement Collect	Spring 2016 Spring 2013 Spring 2013	2020 Fall 2019 Fall 2019
HLEC HLEC	112	HLEDP112 HLEDP112	Health Education Health Education Health	3 4	Exp hea rela Ana har Det to I Ide wa	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits. termine different ways build a healthy lifestyle. entify risk factors and rning signs used in	Kinesiology Kinesiology Kinesiology	Implement Collect Collect	Spring 2016 Spring 2013 Spring 2013 Spring	2020 Fall 2019 Fall 2019
HLEC HLEC	112	HLEDP112 HLEDP112	Health Education Health Education Health Education Health	2 3 4 5	Exp hea rela Ana har Det to I Ide wa pre	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits. termine different ways build a healthy lifestyle. Intify risk factors and rning signs used in evention of disease.	Kinesiology Kinesiology	Implement Collect Collect	Spring 2016 Spring 2013 Spring 2013	2020 Fall 2019 Fall 2019
HLEC HLEC	112	HLEDP112 HLEDP112	Health Education Health Education Health Education Health	2 3 4 5	Exp hea rela Ana har Det to I Ide wa pre Exp	plain the concepts of a althy and caring ationship. alyze risk factors from rmful habits. termine different ways build a healthy lifestyle. entify risk factors and rning signs used in	Kinesiology Kinesiology Kinesiology	Implement Collect Collect	Spring 2016 Spring 2013 Spring 2013 Spring	2020 Fall 2019 Fall 2019

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The division follows the recommendation of the Outcomes Committee on assessing SLO's. We collect the data, analyze the data, identify areas in need of improvement and implement a plan for the changes. The Outcome Cycle Rotation Completion Form is sent to all instructors needing to complete an assessment.

After reviewing the SLO's, it was noticed several of our newer classes were not in the timeline chart for assessment. Melissa Long has been contacted and the information needed to fix this has been obtained. The majority of SLO's that are behind in the timeline are classes assigned to adjunct instructors. Emails with have been sent out stressing that the completion of the assessments is part of their contracts.

#### **Program Learning Outcomes:**

- •Demonstrate an understanding of human anatomy and physiology as they relate to physical activity.
- •Demonstrate an ability to assess and analyze fitness and movement skills.
- •Apply techniques of, and demonstrate a beginning level of knowledge, in at least three areas of physical sport skills.
- •Demonstrate an ability to find and critically analyze information relevant to kinesiology.

We have just started the Kinesiology major. Therefore, there has been no assessments or changes because of the assessments. Our plan is to assess the first PLO in the fall of 2020 and each of the next PLO's in the following fall semesters. We will do this using the Outcome Cycle Rotation Completion Form of Collect, Analyze, Identify and Implement.

#### **Program Analysis and Trends:**

#### Changes in Program over Last Three Years

The biggest change in the program is the state's approval on April 10, 2019 of our transfer degree (AA-T) in Kinesiology. We have added classes in line dance, introduction to kinesiology, introduction to athletic training, beginning soccer, beginning basketball, beginning and advanced tennis and we are getting final approval for two martial arts classes. This is a much needed change, as previously we only had two activity courses for the general student body. On the athletic side of classes, we added off season cross country, varsity cross country, off season tennis and varsity tennis.

#### Data Review

The largest jump in enrollment came from the Distance Education classes for HLED P112. The sections went from a steady 12 to 20 in 2018-19. The enrollment on the first day going from an average 396 the last four years to 490 students in 2018-19. This is primarily due to the addition of more duel enrollment classes with the high schools. The enrollment for the traditional health class increased slightly from an average 633 students on the first day to 661 in 2018-19.

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The Kinesiology classes saw a slight rise at census enrollments to 551 and an increase in courses to 19. The addition of classes needed for the transfer degree were the driving force behind this change. Even so, the number is still down from a high of 714 at census enrollment in 2014-15. This decline is not just isolated to Porterville College. After reading many other college's program reviews, this decline is occurring throughout the state. The implementation of state-wide repeatability in the discipline seems to be the most noteworthy reason behind the drop in enrollment numbers. This division has taken steps to reconfigure course offerings to counter this phenomenon. The division is also in the process of implementing a personal trainer certificate. This addition should help increase the enrollment numbers. According to an article in *Inside Higher Ed*, Kinesiology, or the study of physical movement, has seen a surge in popularity over the last 20 years that experts attribute to its social relevance, its relation to the obesity epidemic, and the growing societal importance of sports and athletics.

For the Kinesiology classes, there are a few more males taking the classes than females. This differs from the college, as there are more females than males taking classes. The 18-22 year old Hispanic/Latino group is the highest percentage of the population served. Many of the athletes take Kinesiology courses and to be eligible they have to complete the requirements for matriculation. This causes the percentage of students for Kinesiology to have a higher percentage than the general student body at Porterville College for fully matriculated. The success and retention rate drops as the students get past the 18-22 year old group. Using ethnicity as a factor, all groups are pretty much equal in success and retention rates. All of our full time instructors are on overload. The division has not had a full time replacement position filled since 2005 and that person has since left and not been replaced. The current FTEF is 5.9 for full time faculty in the Kinesiology division.

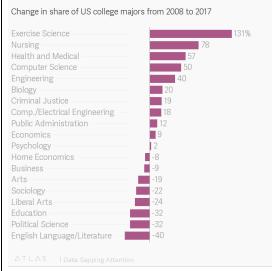
For the Health Education classes, the success and retention rates are slightly below the 2018-19 rate for the college for distance education, 87%/68% and 89%/73% respectively. They are higher than the college for success and retention rates for the traditional method of instruction with 95%/87% and 92%/78% respectively.

As the degree is new, there is not data to compare using the major of Kinesiology as a criteria.

**Program Strengths** 

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Having the AA-T degree will be one of our main strengths. Of the 20 majors with over 25,000 graduates in 2017, by far the fastest growing was exercise science. (see chart below).



Change in share of U.S. college majors 2008-2017 Published by Erin Duffin, Sep 11, 2018, Statista.

The Kinesiology division has added 11 new classes since Spring of 2019. Activity classes give students the opportunity to participate in activities that they enjoy while at the same time gaining knowledge and experience designed to carry them through a lifetime of physical fitness. Understanding the benefits gained from physical fitness and an active lifestyle will motivate students to search for opportunities to remain active and physically fit.

Another major strength of our division is the faculty. The division is a very cohesive group of professionals. This is shown by the constant open lines of communication throughout the division. We genuinely care about each other professionally and personally. The dedication of faculty to create high quality learning experiences and building relationships with students are our top priority. Fall of 2019 is the first year we will be using a free Health Education textbook. All in our division become concerned with the high cost of the previous text. Because of our commitment to the students, we totally revamped the Health Education class to use a free book, saving the students around \$300.

The division continues to recognize and respond to the current trends within the profession. Implementing a transfer degree (AA-T) in Kinesiology, changing the division's name to Kinesiology and working on a personal trainer certificate are all evidence of this commitment. These changes are all in keeping with what is happening throughout the state and nation. The Bureau of Labor is predicting a 10% increase in job opportunities for personal trainers in the coming years, which is faster than the average of all occupations.

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#### Areas for Improvement

The division currently offers only the bare minimum of classes to grant a degree. In order to not only sustain, but grow the program we need to increase our course offering to attract students. The division sees a need to improve the awareness of our Kinesiology transfer degree. We need to design and disseminate a pamphlet showing the benefits and path for being a kinesiology major. All three full-time faculty have over-load each semester, therefore the Division relies heavily on adjunct coaches to teach most of the activity courses and some lecture classes. The division has gone from five full-time faculty to three full-time faculty in the last nine years and has not been granted a position since 2005, when a replacement position was granted, which has since been replaced by an adjunct.

We are limited in outdoor facilities for offering classes. The swimming pool was eliminated due to cost of maintaining and upgrading the facility. It is also impossible to offer some of the activity classes without a dedicated outdoor area for teaching. The current open field areas cannot be used because of safety reasons. There are far too many gopher holes to allow for a safe playing field and the grass is allowed to die from lack of irrigation. The current outdoor facilities need renovation. The softball field dugouts are only half covered, the warning track is sub-standard, there are places where the field is sinking, the batting cage has holes in the netting and the balls hit the post and come back and hit the players and the "bull pens" are a huge safety liability. They do not have any netting to protect the spectators from getting hit by a pitched or thrown ball and are not level for players to throw from. Currently, there is no emergency notification delivery system available for our outdoor facilities. In addition, the area leading up to the baseball and softball field has no lighting. With teams often arriving after dark, this is a safety concern. The stadium has grass, but holes are still an issue. The baseball field needs both bull pens redone, the batting cage is outdated and the field surface needs upgraded. The offices in "coaches row" have no walls that go to the ceiling. Therefore, the offices are not private. This is an issue when sensitive information is discussed with students. The division would like to create an "central office space" for all the faculty to use. This area would need a copier, space for office supplies and slots for mail and messages. Future items could include a fridge and microwave.

In 2009, Adaptive Physical Education went under an extensive review at the state level and repeatability was questioned. APE courses were eliminated. The current legislation states: 5 CCR § 55040

#### § 55040. District Policy for Course Repetition.

(7) permit a student with a disability to repeat a special class for students with disabilities any number of times based on an individualized determination that such repetition is required as a disability-related accommodation for that particular student for one of the reasons specified in section 56029.

We as a division continue to ask for the APE program to be reinstated. This program brought recognition from the community and the community to campus. It is a valuable tool in maintaining good community relations.

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Goals (This section is for you to report on progress on previously established goals. If your program is addressing more than 2 goals, please duplicate this page) Goal(s) Completion Needed Person(s) Responsible Obstacles to Date completion (if resources any) 1. Increase FTES Spring 2017 Additional All faculty in division Institutional by offering a instructors and administrative support and greater variety of approval budget concerns courses Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply) Item 1 x Item 2 Item 3 x Item 4 x Item 5 Item 6 x Progress on Goal: X Completed (Date Spring 2019 Revised (Date Comments: It took almost 3 years for the transfer degree to pass through the state. Needed the degree before adding classes. Completion Needed Person(s) Responsible Obstacles to Goal(s) Date completion (if any) resources 2. APE Re-Fall 2018 Vickie Dugan/Bret Clarification on Title 5 on established Davis repeatable courses and administrative approval and support Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply) Item 1 x Item 2 x Item 3 Item 4 Item 5 Item 6

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Progress on Goal:									
Completed (Date		)							
Comments: This was once one of the biggest classes in the division. Current legislation would allow for this class to be repeated. Administrative support is essential.									
Goal(s)	Completion Date	Needed resources	Person(s) Responsible	Obstacles to completion (if any)					
3. Offer a major in Kinesiology	Fall 2018	Additional instructors	All faculty in division and administrative and approval	Awaiting various levels of approval					
Which of numbered furthered if this goal			nt (see page 1 of this docu ply)	ment) will be					
Item 1x_ Item 2	2_x Item 3_x_	Item 4x	x_ Item 5 Item 6_	_X_					
Progress on Goal:									
XCompleted (Darage Complete)		)							
Comments: It took a	lmost 3 years for the	he transfer deg	ree to pass through the sta	te.					
Goal(s)	Completion Date	Needed resources	Person(s) Responsible	Obstacles to completion (if any)					
4. Increase retention and success rate in Distance Education courses	Fall 2017		All division faculty teaching online classes	•					
Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply)									
Item 1x_ Item 2 Item 3_x_ Item 4x_ Item 5 Item 6									
Progress on Goal:									

Name of Division: Kinesiology

Comments:

Contact Person: Vickie Dugan Submission Date: 2019-2020 Completed () X Revised (Date Fall 2020 ) Comments: We basically maintained the rate from last year. New online instructors are completing the online teaching courses with Sarah Phinney. We have also switched to a free online textbook. Completion Obstacles to Goal(s) Needed Person(s) Responsible Date resources completion (if any) 5. Offer a Fall 2019 All faculty in the personal trainer division certificate Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply) Item 1 x Item 2 x Item 3 x Item 4 x Item 5 Item 6 x Progress on Goal: Completed ( X Revised (Date Spring 2021 Comments: Goal(s) Completion Person(s) Responsible Obstacles to Needed Date completion (if resources any) Spring 2018 6. Maintenance of Budget M & O Administrative the stadium field approval Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply) Item 1 x Item 2 Item 3 x Item 4 x Item 5 Item 6 Progress on Goal: X Completed (Fall 2019) Revised ()

Submission Date: 2019-2020

Name of Division: Kinesiology Contact Person: Vickie Dugan

Cools (This section	. is for your list so	~	If	:4:					
than 2 new goals, p	•		ır program. If your program	m is creating more					
<i>O</i> 71		1 0 /							
Goal(s)	Timeline for	Needed	Person(s) Responsible	Obstacles to					
1 11	Completion	resources	D: ::	completion (if any)					
1. Add more	Spring 2021	Additional	Division	Lack of instructors					
transferable		Instructors	Chair/Curriculum Representitve	and time to create					
Kinesiology classes			Representitve						
Classes									
Which of numbered items under the Mission Statement (see page 1 of this document) will be furthered if this goal is completed? (select all that apply)  Item 1_x_ Item 2 Item 3_x_ Item 4_x_ Item 5 Item 6_x_									
Progress on Goal:									
Completed ( Revised (									
Comments:									
Goal(s)	Timeline for	Needed	Person(s) Responsible	Obstacles to					
	Completion	resources		completion (if any)					
2. Increase	Fall 2020	Multi-media	All faculty in division	Time for adjunct					
Awareness of		assistance		faculty to help					
the Kinesiology Transfer degree									
Transfer degree									
Which of numbere furthered if this go			nent (see page 1 of this doc pply)	ument) will be					
Item 1x_ Item	12_x Item 3_:	x Item 4	_x_ Item 5 Item 6	_X					
Progress on Goal:									
Completed (	Date )								

Name of Division: Kinesiology

Co	ontact Person: V	ickie Dug	an	<b>,</b>	Submission I	Date: 2019-2	020	
	Revised	(Date	)					
	Comments:							

Name of Division: Kinesiology Contact Person: Vickie Dugan

#### STAFFING REQUEST

Submission Date: 2019-2020

Staff Resources:								
<b>Current Staffing</b>	Levels							
Full-time Staff		Part-time Staff	Part-time Staff					
Faculty	3	Faculty	11					
Temporary		Temporary						
Classified		Classified						
Management		Management						

#### Request for New/Replacement Staff

Use one line for each position requested. Justify each position in the space below.

	Title of Position	Classification (Faculty, Classified, or Management)	Full or Part Time	New or Replacement
Position 1	Kinesiology Professor/Athletic Coach	Faculty	Full Time	Replacement
Position 2	Kinesiology Professor/Athletic Coach	Faculty	Full Time	Replacement

#### Justification:

#### Position 1 and Position 2

With the addition of an AA-T degree there will continue to be a need to add faculty. We have added classes in line dance, Introduction to kinesiology, Introduction to athletic training, beginning soccer, beginning basketball, beginning and advanced tennis and we are getting final approval for two martial arts classes. This is a much needed change, as previously we only had two activity courses for the general student body. On the athletic side of classes, we added off-season cross country, varsity cross country, off-season tennis and varsity tennis. We are also in the process of adding a personal trainer certificate.

The division currently offers only the bare minimum of classes to grant a degree. In order to not only sustain, but grow the program we need to increase our course offering to attract students. All three full-time faculty have over-load each semester, therefore the Division relies heavily on adjunct coaches to teach most of the activity courses and some lecture classes. The division has gone from five full-time faculty to three full-time faculty in the last nine years and has not been granted a position since 2005, when a replacement position was granted, which has since been replaced with an adjunct. At one time all the coaches but one were full time, now only one coach is full time. Kinesiology degrees are offered at 22 of the 23 CSUs and is one of the most popular majors for transfer students in California. Our own internal data shows the teams with adjunct coaches had below 45% completion rate and the one team with a full time faculty coach, softball, had a 65.2% completion rate. The figures point toward having a full time faculty as a coach making a difference in being a completer.

Name of Division: Kinesiology Contact Person: Vickie Dugan

#### TECHNOLOGY REQUEST

Submission Date: 2019-2020

Use this section to list any technology needs for your program. It is not necessary to put a price on these items; that will be done by the IT department. If you have more than two technology needs, add rows below.

	Justification
Technology Need	
Item 1	Small jobs could be accomplished on site for the division
Copier	
Item 2	

#### **FACILITIES REQUEST**

Use this section to list any facilities needs for your program. It is not necessary to put a price on these items; that will be done by the Maintenance & Operations department. If you have more than two facilities needs, add rows below.

	<u>Justification</u>
Facilities Need	
Item 1	The current softball batting cage is a liability issue. The nets are old and the balls
Batting cage	hit the poles and rebound back to hit the players, plus the net has a hole in it. We
installed	have a double wide batting cage that has been sitting in storage for over 3 years
	waiting to be installed.
Item 2	Both baseball and softball fields need conditioning of the dirt. Warning track at
Maintenance of	softball needs to be fixed and the dugouts need to be completely covered, not just
current outdoor	half of the dugout.
facilities	

#### SAFETY & SECURITY REQUEST

Use this section to list any safety & security needs for your program. It is not necessary to put a price on these items; that will be done by the Safety and Security Program Manager. If you have more than two safety & security needs, add rows below.

Safety & Security	<u>Justification</u>
Need	
Item 1	The pathways to the baseball and softball field have no nighttime lighting. We
Lighting around	now have motion lights on the shed, but none leading up to the shed. We often
outdoor facilities	come back from games when it is pitch dark.

Name of Division: Kinesiology Contact Person: Vickie Dugan Submission Date: 2019-2020

Item 2	There is no way for anyone using the outdoor facilities to know if there are any
Warning	warnings issued through the current sound systems as there is in the other
Equipment	classrooms.

Name of Division: Kinesiology Contact Person: Vickie Dugan

# **BUDGET REQUEST**

Submission Date: 2019-2020

(Do not include staff increases in this section)

	Current Budget	Amount of Change	Revised Total
2000 (Student Worker Only)			
4000	5700	0	5700
5000	8120	+5000	13120
Other6419	5450	-4200	1250

Justification:

(Include justification for each change requested.)

5000- Equipment is out of warranty and screens are going out every year.

6419-Need portable soccer goals for class.